



No More domestic violence

FEEL SAFE AT HOME



What is Domestic Violence?

Domestic Violence is any kind of physical, sexual, verbal, emotional, financial or other abuse used by one person in a relationship in order to have power and control over another. This can happen between husband and wife, couples living together, family members, or in a dating relationship.

Is Someone Hurting You?

Are you in a relationship with someone who:

- Pushes, strangles, hits, kicks or hurts you in other ways?
- Makes threats to you or your children?
- Humiliates you, calls you names or puts you down?
- Forces you to have sexual contact?
- Keeps you from your family and friends?
- Doesn't allow you to have money?
- Acts overly jealous or protective?
- Keeps you from going where you want to go?
- Smashes or breaks your things or hurts the family pets?
- Blames you for the abuse?

These are just some of the things that abusive partners do, although not the only ones.



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The best way to help a child experiencing domestic violence is to get help for both the adult victim and the child together.



How Does the Behavior of the Abusive Person Affect the Family?

Abusive persons create risks for both adult and child family members – even when the victim separates from the abuser. The following risks are caused by the abusive family member:

To the adult victim

- Physical injury/death
- Stalking
- Emotional/psychological damage (depression, anxiety, post-traumatic stress, suicidal thoughts)
- Fear that children will be hurt or killed
- Threats or harm to children to control or hurt the adult victim
- Interference with parenting
- Damage to parent/child relationships
- Loss of financial resources
- Complicated legal cases or legal problems for adult victim

To the children

- Physical injury/death
- Child abuse or neglect
- Emotional/psychological damage (constant fear, low self esteem, behavior problems, depression, feelings of powerlessness)
- Fear that the non-abusive parent will be hurt or killed
- Violence continues after separation (stalking, custody battle, during visitation)
- Child learning to act like the abuser
- Abduction

Licensed Domestic Violence Programs can help you by offering:

- Free and confidential services.
- Information about options / choices.
- Shelter for you and your children, if needed. You are not required to use the shelter in order to receive the other services.
- Safety planning.
- Help in understanding legal issues such as assistance with a protective order, child protective services (CPS), referrals to legal aid for those who qualify and other concerns.
- Emotional support and listening to your concerns.
- Connections to available services and other programs.

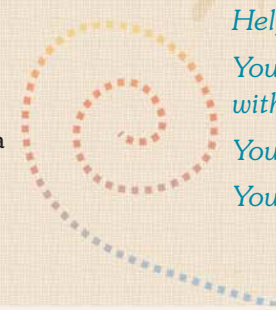
Remember..

Help is available.

You deserve to be treated with respect.

Your safety is important.

You are not alone.



West Virginia Licensed Domestic Violence Programs

- **Branches, Inc.**
(Cabell, Lincoln, Mason, Putnam, Wayne)
1-888-538-9838 Voice/TTY
- **Family Refuge Center**
(Greenbrier, Monroe, Pocahontas)
1-866-645-6334 Voice
304-645-6334 Voice/TTY
- **S.A.F.E.**
(McDowell, Mercer, Wyoming)
1-800-688-6157 Voice
304-436-8117 Voice/TTY
- **Women's Resource Center**
(Fayette, Nicholas, Raleigh, Summers)
1-888-825-7836 Voice
304-255-2559 Voice/TTY
- **Family Crisis Center**
(Grant, Hampshire, Hardy, Mineral, Pendleton)
1-800-698-1240 Voice
304-788-6061 Voice/TTY
- **HOPE, Inc.**
(Doddrige, Gilmer, Harrison, Lewis, and Marion)
304-367-1101 Voice
- **Shenandoah Women's Shelter**
(Berkeley, Jefferson, Morgan)
304-263-8292 Voice/TTY
- **YWCA - Family Violence Prevention Program**
(Brooke, Hancock, Marshall, Ohio, Wetzel)
1-800-698-1247 Voice/TTY
- **Family Crisis Intervention Center**
(Calhoun, Jackson, Pleasants, Ritchie, Roane, Tyler, Wirt, Wood)
1-800-794-2335 Voice
1-800-787-3224 TTY
- **The Lighthouse**
(Brooke, Hancock)
(304) 797-7233
- **Tug Valley Recovery Shelter**
(Mingo, Logan)
1-800-340-0639 Voice
304-235-6121 Voice/TTY
- **YWCA - Resolve Family Abuse Program**
(Boone, Clay, and Kanawha)
1-800-681-8663 Voice/TTY
- **Rape and Domestic Violence Information Center**
(Monongalia, Preston, Taylor)
304-292-5100 Voice/TTY
- **Women's Aid in Crisis**
(Barbour, Braxton, Tucker, Randolph, Upshur, Webster)
1-800-339-1185 Voice/TTY
- **West Virginia Coalition Against Domestic Violence**
304-965-3552 Voice/TTY